Last Week at a Glance

North American Markets	Last	Change	% Change
S&P/TSX Composite	20024.63	104.33	0.52%
Dow Jones	33,762.76	669.42	2.02%
S&P500	4,282.17	76.72	1.82%
NASDAQ	13,240.77	265.08	2.04%
Russell 2000	1,830.91	57.89	3.27%
Overseas Markets	Last	Change	% Change
FTSE 100	7,607.28	-19.92	-0.26%
DAX GERMANY	16,051.23	67.26	0.42%

31,524.22

18 949 94

Commodities / FX	Last	% Change
Crude Oil WTI	\$71.74	-1.28%
Natural Gas	\$2.17	-10.14%
Gold	\$1,969.60	1.30%
CAD / USD	\$0.744	1.56%
CAD / EUR	€0.695	1.76%
Government Bonds	2YR	10YR
CANADA (YLD%)	4.31%	3.23%
U.S. (YLD%)	4.51%	3.70%

Week in Review:

NIKKEI 225 INDEX HANG SENG INDEX

• On Wednesday, Stats Canada reported that our economy grew at an annualized rate of 3.1% for the first quarter of 2023, beating the expected 2.5%.

1.97%

1.08%

- The U.S. House of Representatives passed debt-limit legislation late on Wednesday, agreeing on cuts to government spending.
- The U.S. added 339,000 new jobs in May, significantly higher than the forecast of 190,000.

607.91

203.02

Week Ahead:

- On Wednesday, the Bank of Canada will be announcing their interest rate decision. The bank will be assessing recent inflation print, GDP data, and consumer strength to determine if a 25 basis point increase is necessary.
- We will receive updated unemployment figures for the U.S. and Canada on Thursday and Friday respectively. Analysts are expecting a slight uptick in the Canadian unemployment figure to 5.1%, from the current 5%.

Our Perspective:

1. **Canada's GDP growth came in above expectations:** Stats Canada reported on Wednesday that our economy grew at an annualized rate of 3.1% for the first quarter 2023, beating the expected 2.5%. Strong export and household spending growth drove the outperformance, showcasing economic resilience. However, this may raise the likelihood of a summer rate hike. Clarity will come with the Bank of Canada's upcoming interest rate announcement.

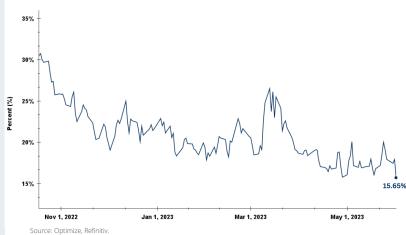
2. **The U.S. House passes debt ceiling legislation:** The U.S. House of Representatives passed debt-limit legislation late on Wednesday, agreeing on cuts to government spending. Lawmakers approved the bill, suspending the government's borrowing limit until January 2025. Equity markets responded positively to the agreement, focusing on market fundamentals instead of recent political events.

3. **Markets rally on strong U.S. Jobs Report:** The U.S. added 339,000 new jobs in May, significantly higher than the forecast of 190,000. Employment gains in April and March were also considerably higher than previously reported. These points underscore the resilience of the U.S. economy despite a rise in borrowing costs, and help to alleviate concerns of a near-term recession.

Chart of the Week:

Volatility Continues to Decline as Market Optimism Grows

• Volatility as measured by the CBOE Volatility Index (VIX) hit its lowest level since early 2020. This lower volatility is a result of market optimism rising in the nearterm.



CBOE Volatility Index (VIX)

This report is provided by Optimize Wealth Management. It is for informational and educational purposes only as of the date of writing, and may not be appropriate for other purposes. The views and opinions expressed may change at any time based on market or other conditions and may not come to pass. This material is not intended to be relied upon as investment advice or recommendations, does not constitute a solicitation to buy or sell securities and should not be considered specific legal, investment or tax advice.